

MONDAY, 3 MAY 2004 AT JARMAN PARK, HEMEL HEMPSTEAD

HERTFORDSHIRE COUNTY AAA 1500m and RELAY CHAMPIONSHIPS

The 1500m races were run in torrential rain.

Senior Men

1	S Dixon	London Heathside	4:09.2
2	M Norminton	Herne Hill	4:15.1
3	I Johnston	Shettleston	4:15.6
4	M Hallissey	D&T	4:32.9
5	S Smithson	FVS	5:17.3

Veteran Men

1	S Wells M40	FVS	4:49.7
2	D Hooker M40	FVS	5:03.4
3	A Currell M40	SNH	5:16.1
4	R Pollen M40	SNH	5:29.2
5	J Brown M50	FVS	5:43.2
6	R Maxwell M40	WATJ	5:47.8
7	R Head M60	HPX	5:53.6

U20 Men

1	D Poulton	SNH	4:21.0
2	M Tarpey	HPX	4:24.3
3	A Parker	HPX	4:25.8
4	R Eastwood	D&T	4:28.2
5	R Rumble	HPX	4:35.2
6	M Roberts	HPX	4:49.9

U17 Men

1	T Brennan	SNH	4:27.7
2	P Barrett	HPX	4:28.5
3	J Parslow	D&T	4:34.7
4	B Reynolds	HPX	4:36.6
5	M McKechnie	SNH	4:51.1
6	C Vidgen	SBH	4:56.3

U15 Boys

1	S Collins	E&H	4:44.2
2	J Hall	SBH	4:53.1
3	S Pollen	SNH	4:56.7
4	P Townsend	HPX	5:04.9
5	J Hazell	HPX	5:08.2
6	R van Tromp	WAT	5:13.6
7	C McKechnie	SNH	5:22.2
8	J McAleer	Lockers Pk Sch	5:24.4
9	M Steptoe	D&T	5:27.4
10	J Oxley	St Albans	5:32.4
11	K Webb	St Albans	6:13.5

U13 Boys

1	N Fleming	Barnet	5:03.6
2	J Thie	D&T	5:21.8
3	R Molloy	D&T	5:26.8
4	J Graham	SNH	5:46.5
5	N Wake	HPX	5:51.1

Senior/Veteran/U20 Women

1	H Beard U20	SNH	4:41.2
2	K Woods SW	Bar	4:54.1
3	C Willer SW	WAT	4:58.4
4	L Cunningham U20	SNH	5:22.6
5	N Taylor U20	HPX	5:31.8
6	F Ridgway W35	FVS	6:04.1
7	S Crowley W45	FVS	6:43.9

U17 Women

1	T Muir	HPX	4:58.6
2	S Bailey	SNH	5:04.0
3	R Newstead	SNH	5:13.5
4	K Cooper	SNH	5:20.6
5	Z Wray	BAR	5:37.2
6	R Watt	HPX	5:38.9

U15 Girls

1	L Yates	SBH	4:56.6
2	E Smith	D&T	5:10.4
3	J Mansell	SNH	5:13.1
4	B McGowan	SBH	5:17.9
5	F Roberts	D&T	5:24.1
6	F Witney	SNH	5:28.5
7	V Duffy	SBH	5:34.9
8	K O'Shea	St Michaels Sch	5:36.0
9	E Prati	SBH	5:43.9
10	H Green	WAT	5:56.8

U13 Girls

1	J Johnson	SBH	5:34.4
2	R Wilson	D&T	5:41.1
3	L Davis	D&T	5:46.7
4	L Murphy	St Albans	5:51.1

4x100 Relays**Senior Men**

Herts Phoenix	43.9
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U20 Men

Herts Phoenix	46.5
Herts Phoenix	47.3

U13 Boys

Herts Phoenix	56.9
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U20 Women

Herts Phoenix	51.2
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U17 Women

Herts Phoenix	52.7
Stevenage & N Herts	54.2
Herts Phoenix	54.4

U15 Girls

Herts Phoenix	53.8
Herts Phoenix	55.2

U13 Girls

Herts Phoenix	57.7
Herts Phoenix	62.0
Herts Phoenix	62.7

4x400 Relays**Senior Men**

Herts Phoenix	3:53.6
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U20 Men

Herts Phoenix	3:27.1
Herts Phoenix	3:37.8

U17 Women

Herts Phoenix	4:14.3
Herts Phoenix	4:32.6